



# 2019 Camper Handbook

## 21 Summers of Fun & Adventure



Camp Frontier is located at the Florida FFA Leadership Training Center 5000 Firetower Road, Haines City, Florida 33844

#### ABOUT CAMP FRONTIER

Camp Frontier has provided an outstanding traditional American residential summer camp experience since 1999. It was originally founded and is led today by a dedicated team of Overnight Camp professionals with decades of experience. The home of Camp Frontier is the Florida FFA Leadership Training Center in Haines City, Florida, where we enjoy the use of 12,000 pristine acres.

## Our Purpose, Focus & Mission

"To provide an outstanding overnight camp experience" Camp Frontier, provides a safe, encouraging environment where Campers, age 7 to 17, have many opportunities for growth through activities and programs unique to the OverNight Camp experience.

Along the way, Campers and Staff are presented with opportunities to:

- Develop strong interpersonal and social skills
- Create lifelong memories
- Celebrate their individuality
- Contribute to a positive camp family
- Take an active role in environmental stewardship



#### 2019 SESSION SCHEDULE

Two-Week Sessions for All Campers (7 to 17)

Session 1: Sunday, June 9 to Saturday, June 22

Session 2: Sunday, June 23 to Saturday, July 6

Session 3: Sunday, July 14 to Saturday, July 27

**Three-Week Sessions for All Campers (7 to 17)** 

Session 2: Sunday, June 23 to Saturday, July 13

Session 3: Sunday, July 14 to Saturday, Aug 3

## Camp Philosophy

"Camp is for the Camper" is our philosophy. Camp Frontier is deeply rooted in the traditions of American summer camp yet we continually update our programs and activities to meet the ever-changing needs and interests of our campers. Personal growth, life-long friendships and memories are the result.

Camp Frontier celebrates the uniqueness of each Camper as they contribute their own personality, abilities, and interests to the camp community. Learning to live, work and play side-by-side with respect, dignity and compassion for others, is an everyday part of this beneficial experience.

Camp Frontier is proud to be the summer home for Campers and Staff from many faiths, from more than forty-eight Countries, and from many US States and Territories.

One-Week Sessions for Trailblazers (7 to 10)

Session 1A - Sun, June 9 to Sat, June 15 Session 1B - Sun, June 16 to Sat, June 22

One-Week Sessions for Trailblazers (7 to 10)

Session 2A - Sun, June 23 to Sat, June 29 Session 2B - Sun, June 30 to Sat, July 6

One-Week Session for All Campers (7 to 17)

Session 2C - Sun, July 7 to Sat, July 13

One-Week Sessions for Trailblazers (7 to 10)

Session 3A - Sun, July 14 to Sat, July 20 Session 3B - Sun, July 21 to Sat, July 27

One-Week Session for All Campers (7 to 17)

Session 3C - Sun, July 28 to Sat, Aug 3

## PACKING FOR SUMMER CAMP

## **REQUIRED ITEMS** Clothing ☐ Clothing for 8 days. Older comfortable clothes recommended. (Laundry service is provided weekly at no cost) ☐ One "nicer" set of clothes for the session dance party (in certain weeks) ☐ At least one bathing suit. A modest one-piece bathing suits is required for girls and swim trunks are required for boys Shoes ☐ 2 sets of tennis shoes or sneakers. (Older comfortable shoes that can get wet and dirty) ☐ Flip Flops or water shoes for showers, pool, waterfront and canoe trips. **Bedding** ☐ Pillow (Pillow case provided) ☐ Lite Blanket (*suggested*) Note: Camp Frontier provides all sheets, towels and blankets. Please do not bring these items. Other required Items ☐ Poncho or Raincoat ☐ Bug Repellent (non-aerosol only) ☐ Sunblock or sunscreen - SPF 30 or higher (non-aerosol only) ☐ Flashlight with extra batteries ☐ Soap, shampoo, personal toiletry items ☐ Small organizer / tote bag for toiletry items ☐ Laundry Bag (Recommend a net draw-string bag. Please no standing hampers.) ☐ Pen, postcard, stamps, paper and pre-addressed envelopes **RECOMMENDED ITEMS** ☐ Hat or cap □ Sunglasses ☐ Favorite stuffed animal (Yes, even the older boys bring them and most of the Counselors, too!) ☐ Sleeping Bag (used for movie nights and should the Camper choose to go tent camping) ☐ Swim mask, snorkel, goggles ☐ Books, magazines, puzzle or activity books ☐ Backpack / small day bag ☐ Campers do not need money while at camp. Daily Camp Store snacks are included in the tuition. Campers may bring souvenir money for theme parks and video game money for bowling arcade in some weeks. **OPTIONAL ITEMS** ☐ Medication (See Health and Wellness page 5) ☐ Digital camera (That does not have communication abilities & is clearly labeled with the camper's name) OR a disposable camera ☐ Wrist watch ☐ Any items to be used in the talent show ☐ Personal equipment for sports, paintball, performance, art, etc. (Items may be held at the office, upon request.) ☐ Cell phone with charger (to be used at TechTime, page 4) ☐ A bicycle or scooter with helmet to ride on camp **ITEMS NOT PERMITTED** ☐ Electronics such as; computers, music devices, electronic games, tablets, and the like are not permitted so as to promote interaction among Campers and a provide a better "off to camp" experience. ☐ Pocket knives or other weapons ☐ Fans (All cabins are air conditioned and have ceiling fans) □ Extension cords ☐ Water bottles (No need to bring one. Every Camper will be given one on arrival day) ☐ Water balloons, shaving cream for pranking, silly string, fireworks, and other such items ☐ Alcohol, illegal and illicit drugs/substances, and drug paraphernalia. These items will be turned over to the authorities and the Camper expelled.

☐ Animals/Pets are not allowed on the property except for trained service animals (contact camp office for details)

#### **ARRIVAL DAY**

## "A great experience starts with a great first day!"

**Arrival Times**: Each session begins on a Sunday. To best welcome each Camper, there are different arrival times for each Camper Group. Please do not arrive earlier that the indicated time.

Check-In Sunday @ 2:00 PM for **Returning Campers** from last summer

Check-In Sunday @ 3:00 PM for **New Campers** attending Camp Frontier for the first time

**Parking:** Please park in the central parking lot and follow the "Check-In" Signs to the check-in location. Bring any spending money, camper cell phone/electronics, medication, paper work and tuition payments, if any. Please leave all other gear in the car.

**Check-In:** During the check-in process, parents and campers are asked to stay together as they receive a camper name tag, check-in spending money, and camper cell phones. Parents will be asked to confirm and update all contact information. Campers and parents will meet with the Senior Staff and Infirmary Staff for their health screening. All over the counter and prescription medication are reviewed and checked-in with the health care provider. **Prescription medications must be in the original container with current dosage listed.** 

**Moving into Cabins:** After completing the check-in process, parents are directed to their Camper's assigned cabin where a cabin Counselor is eagerly awaits their arrival. Campers select a bunk bed, move in, and remain in their cabin getting to know their cabin mates and Counselors. Once the Camper is comfortable and settled in, parents are encouraged to say their goodbyes and depart.

#### **DEPARTURE DAY**

**Departure Times:** Please arrive promptly at the scheduled time. Follow the "Check-Out" signs to where Campers and Staff are waiting. Campers must be signed-out of Camp. Medication and electronics are returned at this time. Parents sign-out their Camper, collect medication and electronics and visit the lost-n-found table.

SESSION 1	SESSION 2	<u> </u>
Sat, June 15 @ 4:00 pm	Sat June 29 @ 4:00 pm	Sat, July 20 @ 4:00 pm
Sat, June 22 @ 11:00 am	Sat July 6 @ 11:00 am	Sat June 27 @ 11:00 am
, -	Sat, July 13 @ 11:00 am	Sat August 3 @ 11:00 am

After checking-out, parents and Campers return to the cabin together to complete the move out process. If an alternate check-out time is needed, please notify the office well in advance.

**Tipping Counselors:** Most of our Counselors are college students and their employment at camp is financially important to them. While tipping is a tradition, it is not required. Your appreciation of the care they have shown your Camper, however, is very much appreciated by them.

## FLYING TO AND FROM CAMP FRONTIER

Transportation to and from the **Orlando International Airport** is available at a cost of \$50 Transportation to and from the **Tampa International Airport** is available at a cost of \$75

**Important! Please coordinate with the Camp office <u>before</u> booking flights** to make sure that we can accommodate your flight schedule.

Arrival: Flights between 11:00am and 2:00pm work best.



#### KEEPING IN TOUCH WHILE AT CAMP

Continuous communication with home and off-camp friends prevents the personal growth unique to the OverNight Summer Camp experience and greatly increases homesickness. When unplugged from electronics and from regular school friends and family back home, Campers become a part of a camp community where they make new friends, relying on their counselors, and growing in self-confidence. These are only a few of the benefits of a "no-screen summer camp" policy.

We understand, however, that parents back home desire to stay informed of their camper's well-being. Based upon decades of experience, we have established the following practices and policies which allow parents to be informed while ensuring that campers have the full benefit of the OverNight Camp experience.

## TECH TIME - Our Solution

TechTime allows campers phone use twice each week for 30 minutes, Wednesday evenings and each Sunday afternoon to contact their parents/guardians.

Campers not bringing a cell phone to camp are given access to a phone to call home during TechTime. Skype can be made available to international campers.

## CHECKING-UP VIA TEXT

Parents may text directly with a Staff member at any time to receive updates on their child. Please understand that the Staff's full attention is given to the campers and activities. A reply will be sent as soon as possible often within the same day. The text-only number is

1-888-CAMP-TXT or 1-888-226-7898

#### EMAILING TO YOUR CAMPER

Email is *printed* each day and given to the Campers. Campers do not have the ability to reply to email. Send emails only to:

#### Camper@CampFrontier.com

Please **insert the camper's name in the subject line.** Please do not include attachments to emails as they cannot be printed.



## LETTERS AND CARE PACKAGES

Campers love to receive mail especially care packages of toys, books and games. Do not send Camper mail to the Post Office Box. Please only send letters and packages only to

Camp Frontier
[the Camper's Name]
5000 Firetower Road
Haines City, FL. 33844

Campers are encouraged to send post cards and letters home. Please review addressing an envelope with your child and/or pack pre-addressed and stamped envelopes or post cards. International letters may be scanned and emailed. Please **do not** send certified mail or packages requiring a signature.

#### CONNECTING ON SOCIAL MEDIA

Videos and Pictures are posted as often as possible on social media. Please connect with us and share with all your family and friends.

YouTube.com/CampFrontierFlorida Twitter.com/CampFrontierUSA Facebook.com/CampFrontierFlorida Instagram.com/campfrontierflorida



## **VISITORS DAY**

Camp Frontier operates a closed camp for reasons of security and quality of experience. While we do not permit visitors during the week, families are invited to visit camp every Sunday between Noon and 3:00 pm. Please do not go to the Cabins first upon arrival. Please come to the Hang-Out where Campers are waiting.

If parents/guardians plan to take their Camper off-camp please sign-out at the reception desk. Don't forget to sign them back in upon your return. Written permission from a parent/ guardian must be provided for a Camper to leave camp with an adult other than listed on the sign in form.

Please know that for those Campers who do not have the opportunity to have visitors due to distance or other circumstances, activities and games are planned throughout the day. This time is also used for TechTime.

## **HEALTH AND WELLNESS**

The Infirmary provides for the health, first-aid and medical needs of all those at camp. Parents are notified of any serious illness or injury. In the case that emergency care is needed off camp, the cost of medical service is the responsibility of the parents/guardians.

Campers do not bring any medication to the cabin as these are collected on Check-In Day. Distribution of medication is managed and recorded professionally by one of Camp Frontier's the health care providers.

## MEDICAL FORMS AND NOTARIZED DOCUMENTS

The Emergency Contact, Medical History, Enrollment Agreement Form must be completed for every camper prior to their arrival. Parents/ Guardians will be provided with a link or website address to the aforementioned form. No camper will be admitted to camp without a completed Emergency Contact, Medical History, Enrollment Agreement form on file. A copy of the Camper's health insurance card will also need to be provided with this form. Parents will receive instructions as to how to send this notarized form to the office. Please remember to return this form well before arrival.

## FIELD TRIPS, THEME PARKS & BOWLING PARTY

#### 2019 Theme Park Schedule

Once each 3-week session, campers and staff enjoy a day off-camp at one of Florida's theme parks.

Session 2 Thursday, July 4 Walt Disney World: Magic Kingdom, EPCOT or Hollywood Studios

Session 3 Thursday, August 1 Universal Studios or Islands of Adventure

Campers choose their Theme Park group based on park, ride preference and height requirements. For Campers age 7 to 14, each group is accompanied by a Counselor. Adventurers, ages 15 to 17, enjoy the theme park in small groups together. Counselors manage their group's food and beverage per diem which is included in the tuition. Parents and friends are asked NOT to meet up with Campers at Theme Parks.

Campers who possess Walt Disney World or Universal Theme Park Passes are always welcome to bring them. Please check Passes in on arrival day along with any theme park souvenir spending money.

#### **2019 Bowling Party Schedule**

Some weeks include an evening off-camp at a local alley for bowling, arcade games and pizza.

Session 1 Sunday, June 16 Session 2 Sunday, June 30 Session 3 Sunday, July 21

**SuperCampers,** those staying the entire summer, enjoy a special field-trip day near the end of the summer.

## **MEALS AND SNACKS**

Three nutritious camper-friendly meals are served daily. Snacks are available during camp store each afternoon. (There is no additional money needed for camp store). An evening snack is provided at the end of each day.

If there are any special dietary needs or restrictions, please provide that information on the medical form so we may prepare prior to arrival. (i.e. food allergies, vegetarian, religious requirements, etc.)

#### SPIRITUAL LIFE

It is our hope that our Campers and Staff, of many faiths and backgrounds, may develop a strong spiritual foundation on which to be better prepared to deal with the decisions of today's world.

We sing a song of thanks-giving before every meal and a daily Virtue Challenge is shared at morning flag where anyone may offer to pray for the day.

A few times each session, Campers and Staff may choose to participate in *LateNight*, a nondenominational praise and worship time. This is a comfortable time for all our Campers, of every faith, to come together, sing, pray and grow in a positive uplifting environment.

#### **HOMESICKNESS**

Feeling homesick is a natural, common and healthy part of a child's development while at Summer Camp. Our Staff helps each camper through periods of homesickness by keeping them involved in activities and assuring them that they are safe and able to enjoy time away from home with their new camp friends. While it may seem that a phone call home would help, years of experience has taught us that contact with home makes homesickness worse. For this reason, Campers do not call home outside of TechTime.

**Important:** We strongly discourage removing a child from camp due to homesickness as it also removes this unique opportunity for growth. Almost without exception, once a Camper understands that they will be completing the scheduled time at camp, homesickness passes quickly and fun of camp returns. Several once homesick Campers have returned year after year, some even becoming part of the Staff.

#### THE CAMP FOR GOOD KIDS

While we applaud camps with programs designed for children with behavioral issues, Camp Frontier is intended for those often-overlooked children who are on track and possess age-appropriate self-control. We believe that they deserve a summer with other great kids.



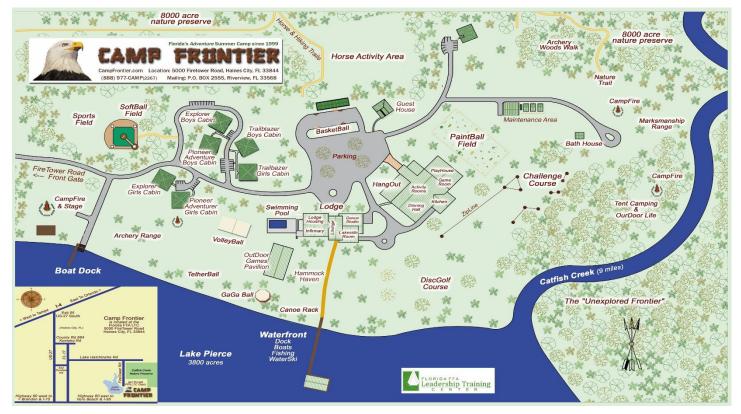
#### CODE OF CONDUCT

Every Camper is presented the opportunity to contribute to the camp community, enhancing the overall camp experience for everyone. This provides the atmosphere necessary for a fun and safe Summer Camp experience that everyone can enjoy. Campers who choose to be disruptive or combative, or those who "intentionally diminish the camp experience of others" will be sent home, if unable or willing to correct their behavior. Additionally, campers who make the choice to perpetrate or participate in any of the following actions are subject to expulsion from camp:

- Violence of any Kind
- Bullying
- Theft or Shop Lifting
- Possession of weapons
- Possession of or use of drugs or alcohol
- Vandalism
- Defiance or Refusing to obey Staff
- Leaving the cabins at night without permission
- Continued use of profane language
- Endangering self or others

#### REFUND POLICY

All deposits, fees or tuition paid is non-refundable should the camper not attend, go home early during camp, or be expelled for any reason. Campers not completing a session for which they are registered will have the unused tuition prorated and held on credit for another year. In the event of expulsion, these funds are forfeited (as the Camper is not able to return to Camp Frontier) and benefit the scholarship fund.



#### Lake Pierce - 3800 acres

- Fishing
- Canoeing
- Skiing / Wake Boarding

#### Catfish Creek Preserve — 8000 acres

- 7 miles Hiking Trails
- 8 miles of Horse Trails

#### **Equestrian Center**

- Instruction Ring
- Miles of horse ride trails

#### Catfish Creek - 9 miles

- Canoe Trips
- Exploring

#### **Swimming Pool**

## $Cabins - ({\tt TG, EG, PG, AG, TB, EB, PB, AB})$

- Living Room
- Camper BunkRooms
- Staff BunkRoom

#### Hangout

- Dining Hall
- Kitchen
- Games Room
- Activity Rooms
  - Play House & Stage
  - Craft Studio (Arts and Crafts)
  - o Multipurpose Rooms 1 & 2

#### Lodge

- Camp Office
- Staff Hide-Out / Break Room
- Dance Studio
- Infirmary
- Nurse & Staff Housing

#### **Sports Fields**

- Softball / Kickball Field
- Soccer/ Football Field

#### **Archery Range**

Woods Walk

#### Marksmanship/BB Gun Range

#### **Basketball Court**

#### Trails and roads for bikes

#### **Lakeside Games Pavilion**

- Sand Volleyball
- GaGa Ball Pit
- Disc Golf Course

#### **Campfire Ceremonial Circle**

#### **Paintball Field**

Challenge Course (High & Low)

#### **Tent Camping & Outdoor Life**



## **Frequently Asked Questions**

#### Do you provide Laundry Service?

Yes. Laundry service is provided free of charge. Once each week, laundry is provided for all Campers and Staff staying on for the next week.

#### Should I label all my child's personal items?

Yes! Please label all items with your Campers first and last name or initials. We recommend using a laundry sharpie or iron-on label.

#### How much clothing should I pack?

Campers will need to bring 8 days of clothes to camp. Please use the provided packing list, as printed in this handbook, as a guide.

#### What about Lost and Found?

While at camp, Campers will be asked regularly to check the lost and found table located in the Hang-Out. Every effort will be made to return any items before Campers departure (other than socks and underwear). All un-labeled items will be held for one week and then be donated to a local charity or retained for future use. Camp Frontier is not responsible for lost or damaged items. We will attempt to mail home lost items which have the Campers name clearly marked.

#### What is the best method of packing?

After years of experience, we find that packing in plastic storage containers or plastic drawers (three high / large) is the most efficient.

## We love questions! Please email or call us at any time.

Admissions@CampFrontier.com RE: Camper Registrations

Administrator@CampFrontier.com RE: Parent Communications

ProgramDirector@CampFrontier.com RE: Programs, Activities

CampDirector@CampFrontier.com RE: All Other Needs

## **Mailing Address:**

While Camp is in session May 29 through August 4 5000 Firetower Road Haines City, FL. 33844

While Camp is not in session August 5 through May 29 P.O. Box 2555 Riverview, FL 33568

Call Us Toll Free 888-977-CAMP (2267)



